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| ACTIVITIES IN THIS SECTION ARE REGULARLY SCHEDULED | 8:30 - Total Fitness First - 3 ER 9:00 - Wii Bowling - CTS 9:20 - Healthy Back & Abs- 3 ER 9:45 - Intermediate Chair Exercise - 3 ER 1:00 - Beginner Chair Exercise - 3 ER 1:00 - Pinochle - 2 L 1:00 - Mahjong - 3 L 2:00 & 6:00 - Mexican Train Dominoes - 3 L 6:30 - Poker Games - 2L | 8:00 - Power Walk - L 9:00 - Balance Tai Chi - 3 ER 9:00 - Splash Class - OCP 10:15 - Splash Class - TCP 1:00 - FUNDamental Movement - 3 ER 1:00 - Hand and Foot Card Game - 2 L 1:30 - Learn to Line Dance - L 2:00 - WU Nikki's Art Class -AR 2:00 - Exercise For Life - 3 ER 7:00 - Bingo - CR | 8:30 - Total Fitness First - 3 ER 9:00 - 11:00 - Writing Group - KR 9:20 - Healthy Back & Abs - 3 ER 9:45 - Intermediate Chair Exercise - 3 ER 10:00 - Bridge Games - 3 L 1:00 - Pinochle - 2 L 1:00 - Beginner Chair Exercise - 3 ER 2:00 & 6:00 - Mexican Train Dominoes - 3 L 7:00 - Bingo - CR | 8:00 - Power Walk - L 9:00 & 3:00 - Balance Tai Chi - 3 ER 9:00 - Splash Class - OCP 10:15 Splash - TCP 9:30 - 10:30 - Blood Pressure - 2 L 10:00 - Mindful Relaxation Practice - CTS 1:00 - Pinochle - 2 L 1:00 - FUNDamental Movement - 3 ER 2:00 - Exercise For Life - 3 ER 7:00 - Bingo - CR | 8:30 - Total Fitness First - 3 ER 9:20 - Healthy Back & Abs- 3 ER 9:45 - Intermediate Chair Exercise - 3 ER 10:00 - 11:30 - Tech Help - CR 1:00 - Beginner Chair Exercise - 3 ER 1:00 - Mahjong - 3 L 2:00 & 6:00 Mexican Train Dominoes - 3 L 5:30 - Hand and Foot Card Game - 2 L 6:30 - Poker Games - 2 L | 9:00 - Fry's Shopping 10:00 - Mindful Relaxation Practice - CTS 1:00 - Saturday Afternoon Movie - CTS 1:00 - Ballroom Dancing Instruction - L 2:00 - Chess Games - 3 L 2:00 - Learn to Crochet with Plastic Bags - CR 7:00 - Bingo - CR |
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| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
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| <p>Massage Call Pat - 741-4771 Manicures/Pedicures Julie - 270-2009 By Appointment Only /Fee service</p> | <p>Transportation Schedule Medical Appointments <i>Monday - Thursday 8:00am-3:00pm</i> <i>Reserve a minimum of 24 hrs in advance at the Transportation Hub in the lobby or call 239-4125</i></p> | <p>10:00 - Foothills Mall 10:30 - Wisdom Circle - CR 1:30 - Albertsons/Bashas/Walgreens/ BOA 5:30 - Free Eye Glass Repair - CR</p> | <p>11:00 - Chair Yoga - L 2:00 - Great Courses Educational Series - CTS 3:00 - Social Hour - Wendy & Chuck Sweet - L</p> | <p>10:00 - Bible Study - KR 10:30 - TED Talks - CTS 10:30 - Trader Joe's/Sprouts 1:00 - Walmart 1:30 - Fountains Sing A Long - CTS 2:00 - Open Door with Fran - CR</p> | <p>9:00 - Fountains Knitters - 3 L 10:00 - Saver's on Ft. Lowell 10:30 - Catholic Mass - CTS 3:00 - WU Memoir Writing - KR</p> | <p>9:00 - WU Watercolor Painting Class - AR 10:30 - Chair Yoga - L 11:00 - Depart - Nanini Library 12:45 - Fountains Events - KR 1:00 - WU Woodcrafting with Anita - AR 1:30 - Kermit's Ride Out 3:00 - Alterations with Jin - AR</p> |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| <p>11:00 - Episcopal Services - CTS 1:30 - Nondenominational Services - CTS 3:00 - Sunday Afternoon Movie - CTS</p> | <p>9:00 - Fountains Knitters - 3L 9:00 - Safeway/Walgreens/Chase 9:30 - WU Beginners Spanish - KR 10:00 - Widowed to Widowed Group - CR 11:00 - Chair Yoga - L 1:00 - Walmart 1:00 - Building #5 with Fran - CTS 2:30 - Books R Us - KR</p> | <p>10:00 - Tucson Mall 1:30 - Albertsons/Bashas/Walgreens/ BOA 1:00 - Hall & Casita Friends Meeting - KR 2:00 - Parkinson's Support Group - CTS</p> | <p>10:00 - Snuggles for Seniors: Hermitage Kittens Visit - AR 11:00 - Chair Yoga - L 1:00 - 3:00 - Jewelry Committee - AR 2:00 - Great Courses Educational Series - CTS 3:00 - Social Hour - Wild Bill - L</p> | <p>9:00 - Health/Wellbeing Committee - CR 10:00 - Bible Study - KR 10:30 - TED Talks - CTS 10:30 - Alzheimer's Support Group - TIC 11:15 - Depart - Casino 1:00 - Target 1:30 - Fountains Sing A Long - CTS 5:00 - Dining Out - Giuseppe's</p> | <p>7:30 - Depart Romeo's Breakfast Out 9:00 - Fountains Knitters - 3 L 10:30 - Catholic Mass - CTS 11:30 - Garden Club - KR 1:30 - Pima County Bookmobile - LDD 1:30 - Ace/Dollar Tree/Bookman's 2:00 - Dr.Wahl Hearing Aid Cleaning - CR 3:00 - WU Memoir Writing - KR</p> | <p>9:00 - WU Watercolor Painting Class - AR 10:30 - Chair Yoga - L 12:45 - Fountains Events - KR 1:00 - Walmart 3:00 - Alterations with Jin - AR</p> |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| <p>10:00 - Episcopal Services - TIC 1:30 - Nondenominational Services - CTS 2:00 - Jazz Concert with Jazz du Jour - L 3:00 - WU Monthly Documentary - CTS</p> | <p>9:00 - Fountains Knitters - 3L 9:00 - Safeway/Walgreens/Chase 9:30 - WU Beginners Spanish - KR 10:00 - Widowed to Widowed Group - CR 11:00 - Chair Yoga - L 1:30 - Safety/ Security/ Grounds/Com - CR 1:00 - Walmart 2:00 - Food Service Committee - KR</p> | <p>10:00 - 2:00 - AVON - L 1:30 - Albertsons/Bashas/Walgreens/ BOA 2:00 - Welcome Committee - CR 4:30 - Ocotillo Clubhouse Social - OC</p> | <p>10:00 - Women of the Bible: Study Group - CR 10:00 - Free Walker/ Wheelchair Repair - L 10:30 - Depart Lunch Out - P F Changs 11:00 - Chair Yoga - L 1:00 - Protestant Communion - CTS 1:00- 3:00 - Jewelry Committee - AR 2:00 - Great Courses Educational Series - CTS 3:00 - Social Hour - David Prouty - L</p> | <p>10:00 - Bible Study - KR 10:30 - TED Talks - CTS 1:00 - Walmart 1:30 - Fountains Sing A Long - CTS</p> | <p>8:00 - Depart - Juliet's Breakfast Out 8:00 - Depart Mission Gardens & Brunch 9:00 - Fountains Knitters - 3 L 10:30 - Catholic Mass - CTS 3:00 - WU Memoir Writing - KR</p> | <p>9:00 - WU Watercolor Painting Class - AR 10:30 - Chair Yoga - L 11:00 - Depart - Nanini Library 12:45 - Fountains Events - KR 1:00 - WU Woodcrafting with Anita - AR 1:30 - Petsmart/ Sprouts 3:00 - Alterations with Jin - AR</p> |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| <p>11:00 - Episcopal Services - CTS 1:30 - Nondenominational Services - CTS 2:00 - Piano Recital - L 3:00 - Sunday Afternoon Movie - CTS</p> | <p>9:00 - Fountains Knitters - 3L 9:00 - Safeway/Walgreens/Chase 9:30 - WU Beginners Spanish - KR 10:00 - Widowed to Widowed Group - CR 11:00 - Chair Yoga - L 1:00 - Walmart 2:00 - WU Art Talks with Docent Bill Boslego "The Rebellious Art of Edouard Manet" - CTS</p> | <p>10:00 - 2:00 - Mary Kay - L 11:00 - Community Life Committee - CTS 1:00 - Executive Council Meeting - CR 1:30 - Albertsons/Bashas/Walgreens/ BOA 3:00 - Bayada Healthy Tips: Adult Immunization "You Call the Shots" - CTS</p> | <p>11:00 - Chair Yoga - L 10:00 - Threads of Memories - AR 1:00 - 3:00 - Jewelry Committee - AR 2:00 - Great Courses Educational Series - CTS 3:00 - Social Hour - Desert Melodies - L 3:00 - SAACA - Art Opening - 1MH</p> | <p>10:00 - Bible Study - KR 10:00 - Chef's Demo - CDR 10:30 - TED Talks - CTS 10:30 - Alzheimer's Support Group -TIC 11:15 - Depart - Casino 1:00 - Target 1:30 - Fountains Sing A Long - CTS 6:30 - Wine and Paint Evening WU - L</p> | <p>9:00 - Fountains Knitters 10:30 - Catholic Mass - CTS 10:30 - Trader Joe's/Sprouts 11:30 - Garden Club - KR 1:30 - 99 Cents Store 2:45 - WU Beer Tasting - Gallery Café 3:00 - WU Memoir Writing - KR 4:00 - Shabbat Services - CTS</p> | <p>9:00 - WU Watercolor Painting Class - AR 10:30 - Chair Yoga - L 11:30 - Carol's Therapy Dogs Visit - L 12:45 - Fountains Events - KR 1:30 - Kermit's Ride Out 3:00 - Alterations with Jin - AR</p> |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| <p>10:00 - Episcopal Services - TIC 1:30 - Nondenominational Services - CTS 3:00 - Sunday Afternoon Movie - CTS</p> | <p>9:00 - Fountains Knitters - 3 L 9:00 - Safeway/Walgreens/Chase 9:30 - WU Beginners Spanish - KR 10:00 - Widowed to Widowed Group - CR 11:00 - Chair Yoga - L 1:00 - Walmart</p> | <p>10:30 - Italy - CTS 1:30 - Albertsons/Bashas/Walgreens/ BOA 6:30 - Wine and Paint Evening - L</p> | <p>10:00 - Women of the Bible: Study Group - CR 11:00 - Chair Yoga - L 1:00- 3:00 - Jewelry Committee - AR 2:00 - Great Courses Educational Series CTS 3:00 - Social Hour August Birthday Noethan But Jazz - L</p> | <p>10:00 - Bible Study - KR 10:30 - TED Talks - CTS 1:30 - Fountains Sing A Long - CTS 6:00 - Special Evening Piano Concert with Ted Glinski : Classic Tunes - L</p> | <p>Shopping Excursions Ace/DollarTree/Bookman's - 2nd Fri. 8/11, 1:30 Albertsons/Bashas/Walgreens/ BOA - Every Tues. 1:30 Fry's Grocery - Every Sat. 9:00</p> | <p>Shopping Excursions Continued Petsmart/Sprouts - 3rd Sat. 8/19, 1:30 Safeway/Walgreens/Chase - Every Mon. 9:00 Target - 2nd & 4th Thurs. 8/10 & 8/24, 1:00 99 Cents Store - Fri. 8/25, 1:30</p> |
| 27 | 28 | 29 | 30 | 31 | | |

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| <p>Shopping Excursions Continued Trader Joe's/Sprouts - 1st Thurs. 8/3 & 4th Fri 8/25, 10:30 Tucson Mall - 2nd Tues. 8/8 10:00 Walmart - Every Mon. 1:00, 1st & 3rd Thurs. at 1:00 8/3 & 8/17 & 2nd Sat. 8/12, 1:00</p> | <p>Health & Well-Being Resource Rebecca LaMarche available for your questions - 3L Mon, Wed, Thurs, Fri. 10:00am - 12:00pm By appointment only on Tuesdays 10:00am - 12:00pm</p> | <h1 style="margin: 0;">AUGUST 2017</h1> <p style="margin: 0;"><i>Town Center</i></p> | <p>ACTIVITY LOCATOR KEY</p> <p>AR = ART/CRAFT ROOM CDR = CATALINA DINING ROOM CP = CATALINA PATIO CR = CARD ROOM CTS = CACTUS ROOM CTYD = COURTYARD</p> | <p>FE = FRONT ENTRANCE GC = GALLERY CAFE KR = KACHINA ROOM L = LOBBY LIB = LIBRARY LDD = LOADING DOCK DRIVEWAY OC = OCOTILLO CLUBHOUSE OCP = OCOTILLO CLUBHOUSE POOL PG = PUTTING GREEN, BOCCÉ</p> | <p>TIC = THE INN CLASSROOM TCP = TOWN CENTER POOL 1 MH = FIRST FLOOR MAIN HALLWAY 2 L = SECOND FLOOR LOBBY 3 L = THIRD FLOOR LOBBY 3 ER = THIRD FLOOR EXERCISE ROOM 3 WC = THIRD FLOOR WELLNESS CENTER</p> |
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