

<b>ACTIVITIES IN THIS SECTION ARE REGULARLY SCHEDULED</b>	8:30 - Total Fitness First - 3 ER 9:00 - Fountains Knitters - 3L 9:20 - Healthy Back & Abs- 3 ER 9:45 - Intermediate Chair Exercise - 3 ER 10:00 - Widowed to Widowed Group - CR 1:00 - Beginner Chair Exercise - 3 ER 1:00 - Pinochle - 2 L 1:00 - Mahjong - 3 L 6:00 - 8:00 - Mexican Train Dominoes - 3 L 6:30 - Poker Game - 2 L	8:00 - Power Walk - L 9:00 - Balance Tai Chi - 3 ER 9:30 - Splash Class - OCP 1:00 - FUNdamental Movement - 3 ER 1:00 - Hand and Foot Card Game - 2 L 1:30 - Learn to Line Dance - L 2:00 - Exercise For Life - 3 ER 7:00 - Bingo - CR	8:30 - Total Fitness First - 3 ER 9:20 - Healthy Back & Abs- 3 ER 9:45 - Intermediate Chair Exercise - 3 ER 10:00 - Bridge Games - 3 L 1:00 - Pinochle - 2 L 1:00 - Bridge Games - CR 1:00 - Beginner Chair Exercise - 3 ER 7:00 - Bingo - CR	8:00 - Power Walk - L 9:00 - Balance Tai Chi - 3 ER 9:30 - Splash Class - OCP 9:30 - 10:30 - Blood Pressure - 2 L 10:00 - Mindful Relaxation Practice - CTS 1:00 - Pinochle - 2 L 1:00 - FUNdamental Movement - 3 ER 2:00 - Exercises For Life - 3 ER 3:00 - Balance Tai Chi - 3 ER 7:00 - Bingo - CR	8:30 - Total Fitness First - 3 ER 9:00 - Fountains Knitters - 3 L 9:20 - Healthy Back & Abs- 3 ER 9:45 - Intermediate Chair Exercise - 3 ER 10:00 - 2:00 - Duplicate Bridge - OC 1:00 - Beginner Chair Exercise - 3 ER 1:00 - Mahjong - 3 L 6:00 - Hand and Foot Card Game - 2 L 6:30 - Poker Games - 2L	9:00 - Fry's Shopping 10:00 - Mindful Relaxation Practice - CTS 1:00 - Saturday Afternoon Movie - CTS 1:00 - Ballroom Dancing - L 2:00 - Chess - 3 L 2:00 - WU Learn to Crochet with Plastic Bags - CR 6:00 - 8:00 - Mexican Train Dominoes - 3 L 7:00 - Bingo - CR
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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11:00 - Episcopal Services - CTS 1:30 - Nondenominational Services - CTS <b>1</b>	<b>BIG BROTHER &amp; BIG SISTER CLOTHING DRIVE BEGINS</b> 9:00 - Safeway/Walgreens/Chase 9:30 - WU Beginners Spanish - KR 11:00 - Chair Yoga - L 1:00 - Building #6 Meeting - CTS 1:30 - Walmart 2:30 - Books R Us - KR <b>2</b>	9:00 - RSVP: ROTC Visits - L 10:00 - Foothills Mall 10:30 - Wisdom Circle - CR 1:30 - Albertsons/Bashas/Walgreens/BOA 2:00 - WU Nikki's Art Class - AR 2:00 - WU Medicare Plans: "All You Need to Know" - CTS 5:30 - Free Eyeglass Repair - CR <b>3</b>	9:00 - 11:00 - Writing Group - KR 9:30 - Hacienda at The River Tour 11:00 - Chair Yoga - L 1:00 - 3:00 - Jewelry Committee - AR 2:00 - Great Courses Educational Series - CTS 3:00 - Social Hour - Ocotillo Rain & Thunder Bluegrass Band - L <b>4</b>	10:00 - Bible Study - KR 10:00 - Trader Joe's/Sprouts 10:30 - TED TALKS - CTS 1:00 - Walmart 1:30 - Fountains Sing - A - Long - CTS 2:00 - Open Door with Fran - CR 3:00 - WU: Native American Flutes with Joe Spitzer - CTS <b>5</b>	<b>FLU CLINIC 8:30 am - 12:00pm</b> 9:30 - Depart for Ice Carving Event & Brunch 10:30 - Catholic Mass - CTS 3:00 - WU Memoir Writing - KR <b>6</b>	9:00 - Watercolor Painting Class - AR 10:30 - Chair Yoga - L 11:00 - Departure - Nanini Library 1:00 - WU Woodcrafting with Anita - AR 12:45 - Fountains Events - KR 1:00 - BIT - Depart Carol King Musical 1:30 - Ride Out 3:00 - Alterations with Jin - AR <b>7</b>
10:00 - Episcopal Services - TIC 1:30 - Nondenominational Services - CTS 1:15 - Depart for TSO Masterworks: "Mendelssohn Symphony #3" 3:00 - WU Documentary - CTS <b>8</b>	9:00 - Safeway/Walgreens/Chase 11:00 - Chair Yoga - L 11:00 - WU Beginners Spanish - KR 1:30 - Safety/Security/Grounds Com. - CR 1:30 - Walmart 2:00 - ART TALKS: Nancy Jacques - CTS 2:00 - Food Service Committee - KR <b>9</b>	10:00 - Tucson Mall 1:00 - Hall & Casita Friends Meeting - KR 1:30 - Albertsons/Bashas/Walgreens/BOA 2:00 - Parkinson's Support Group - KR 2:00 - WU Nikki's Art Class - AR <b>10</b>	9:00 - 11:00 - Writing Group - KR 10:00 - Free Walker/ Wheelchair Repair - L 10:00 - Women of the Bible Study Group - CR 11:00 - Chair Yoga - L 1:00 - 3:00 - Jewelry Committee - AR 2:00 - Great Courses Educational Series - CTS 3:00 - Social Hour - Wild Bill - L <b>11</b>	9:00 - Health/Wellbeing Committee - CR 10:00 - Bible Study - KR 10:30 - TED TALKS - CTS 10:30 - Alzheimer's Support Group - TIC 11:15 - Departure Casino 1:00 - Target 1:30 - Fountains Sing - A - Long - CTS 3:00 - Resident Town Hall - CTS <b>12</b>	7:30 - Departure Romeo's Breakfast 10:30 - Catholic Mass - CTS 10:00 - Lunch Out - Kneaders 11:30 - Garden Club - KR 1:30 - Pima County Bookmobile - LDD 1:30 - Ace/Dollar Tree/Bookman's 2:45 - WU Beer Tasting - Gallery Cafe 3:00 - WU Memoir Writing - KR <b>13</b>	9:00 - Watercolor Painting Class - AR 10:30 - Chair Yoga - L 1:00 - Walmart 12:45 - Fountains Events - KR 2:00 - Ballroom Dance Showcase - L 3:00 - Alterations with Jin - AR <b>14</b>
11:00 - Episcopal Services - CTS 1:00 - Depart fro AZ Opera: "Hercules vs Vampires" 1:30 - Nondenominational Services - CTS 2:00 - Sunday Afternoon Concert with Silvercroft - L <b>15</b>	9:00 - Safeway/Walgreens/Chase 9:30 - WU Beginners Spanish - KR 11:00 - Chair Yoga - L 1:30 - Walmart 6:30 - Rhythm Gang - L <b>16</b>	10:00 - 2:00 - AVON - L 10:00 - Snuggles for Seniors: AR 12:30 - RSVP: ROTC Visits - L 1:30 - Albertsons/Bashas/Walgreens/BOA 2:00 - WU Nikki's Art Class - AR 2:00 - WU Astronomy with Bill Lofquist - CTS 2:00 - Welcoming Committee - CR 4:30 - Ocotillo Clubhouse Social - OC <b>17</b>	9:00 - 11:00 - Writing Group - KR 9:30 - Hacienda at The River Tour 11:00 - Chair Yoga - L 1:00 - Protestant Communion - CTS 1:00 - 3:00 - Jewelry Committee - AR 2:00 - Great Courses Educational Series - CTS 3:00 - Social Hour - October Birthday Celebration with David Prouty - L <b>18</b>	<b>BIG BROTHER &amp; BIG SISTER CLOTHING DRIVE ENDS</b> 10:00 - Bible Study - KR 10:30 - TED TALKS - CTS 1:00 - Walmart 1:30 - Fountains Sing - A - Long - CTS 2:30 - OPERA 101 - L <b>19</b>	8:00 - Departure - Juliet's Breakfast Out <b>9:00 - 1:00 - Holiday Fund Christmas Jewelry Sale - L</b> 10:30 - Catholic Mass - CTS 2:30 - Juvenile Court Judges - CTS 3:00 - WU Memoir Writing - KR <b>20</b>	9:00 - Watercolor Painting - AR 10:30 - Chair Yoga - L 11:00 - Departure - Nanini Library 1:00 - WU Woodcrafting with Anita - AR 12:45 - Fountains Events - KR 1:00 - Petsmart/ Sprouts 3:00 - Alterations with Jin - AR <b>21</b>
10:00 - Episcopal Services - TIC 1:15 - Depart for Classic Series TSO: "Firebird" 1:30 - Nondenominational Services - CTS <b>22</b>	9:00 - Safeway/Walgreens/Chase 9:30 - WU Beginners Spanish - KR 11:00 - Chair Yoga - L 1:30 - Walmart 3:00 - WU: "Capturing Your Legacy" - Earl Sires & Jeannie Birdsong - CTS <b>23</b>	10:00 - 2:00 - Mary Kay - L 11:00 - Community Life Committee - CTS 1:00 - Executive Council Meeting - CR 1:30 - Albertsons/Bashas/Walgreens/BOA 2:00 - WU Nikki's Art Class - AR 3:00 - Bayada Healthy Tips - Health IQ - CTS 5:00 - Departure - Dining Out - Guadalajara Grill <b>24</b>	9:00 - 11:00 - Writing Group - KR 10:00 - Women of the Bible Study Group - CR 11:00 - Chair Yoga - L 1:00 - Depart for ATC: "Riverbird" 2:00 - Great Courses Educational Series - CTS 3:00 - Social Hour - Okotober Fest Bouncing Czechs - L <b>25</b>	10:00 - Bible Study - KR 10:00 - Chef Demo - CDR 10:00 - 2:00 - What is It Worth Appraisals - L 10:30 - TED Talks - CTS 10:30 - Alzheimer's Support Group - TIC 11:15 - Departure - Casino 1:00 - Target 1:30 - Fountains Sing - A - Long - CTS 3:00 - "The Eyes Have It" - CTS <b>26</b>	10:00 - 2:00 - Marcella's Fashions Sale - L 10:00 - Trader Joe's/Sprouts 10:30 - Catholic Mass - CTS 11:30 - Garden Club - KR 1:00 - WU Goblins & Ghouls - CTS 1:30 - 99 Cents Store 3:00 - WU Memoir Writing - KR 4:00 - Shabbat Service - CR <b>27</b>	9:00 - Watercolor Painting - AR 10:30 - Chair Yoga - L 11:00 - Special Ride Out to Steam Pump Ranch 11:30 - Carol's Therapy Dogs Visit - L 12:45 - Fountains Events - KR 3:00 - Alterations with Jin - AR <b>28</b>
1:30 - Nondenominational Services - CTS 1:15 - Depart for TSO Super Pops: "Music of James Bond" <b>29</b>	9:00 - Safeway/Walgreens/Chase 9:30 - WU Beginners Spanish - KR 11:00 - Chair Yoga - L 1:30 - Walmart 6:30 - Rhythm Gang - L <b>30</b>	1:30 - Albertsons/Bashas/Walgreens/BOA 2:00 - WU Nikki's Art Class - AR 3:00 - The Fountains Best Halloween Party Costumes Contest Music with Peter Swan Trio - L <b>31</b>	<b>Being Physical</b>  <i>Living a lifestyle that supports our ease of movement, balance and strength.</i>	<b>Shopping Excursions</b> Ace/DollarTree/Bookman's - 2nd Fri, 10/13, 1:30 Albertsons/Bashas/Walgreens/BOA - Every Tues 1:30 Foothills Mall- 1st Tues., 10/3 10:00 Fry's Grocery- Every Sat., 9:00	<b>Shopping Excursions Continued</b> Petsmart/Sprouts- 3rd Sat.,10/21, 1:00 Safeway/Walgreens/Chase - Every Monday 9:00 Target - 2nd & 4th Thurs 10/12 & 10/26, 1:00 Trader Joe's/Sprouts - 1st Thurs, 10/5 & 4th Fri., 10/27, 10:00	<b>Shopping Excursions Continued</b> Tucson Mall - 2nd Tues., 10/10, 10:00 Walmart - Every Mon. 1:30, 1st & 3rd Thurs at 1:00 10/5, 10/19 & 2nd Sat., 10/14, 1:00 99 cents Store - 4th Friday, 10/27, 1:30

Health & Well-Being Resource Rebecca LaMarche available for your questions - 3L Mon, Wed, Thurs, Fri. 10:00am - 12:00pm By appointment only on Tuesdays 10:00am - 12:00pm	<i>Massage</i> call Pat - 744-4771  <i>Manicures/Pedicure</i> call Julie - 270-2009 Appointment Only/Fee Service	<b>OCTOBER 2017</b>  <i>The Town Center</i>	<b>ACTIVITY LOCATOR KEY</b> AR = ART/CRAFT ROOM CDR = CATALINA DINING ROOM CP = CATALINA PATIO CR = CARD ROOM CTS = CACTUS ROOM CTYD = COURTYARD	FE = FRONT ENTRANCE GC = GALLERY CAFE KR = KACHINA ROOM L = LOBBY LIB = LIBRARY LDD = LOADING DOCK DRIVEWAY OC = OCOTILLO CLUBHOUSE PCB = PUTTING GREEN, BOCCIE BALL	OCP = OCOTILLO CLUBHOUSE POOL TIC= THE INN Chapel 1 MH = FIRST FLOOR MAIN HALLWAY 2 L = SECOND FLOOR MAIN CORRIDOR 3 L = THIRD FLOOR MAIN CORRIDOR 3 ER = THIRD FLOOR EXERCISE ROOM 3 WC = THIRD FLOOR WELLNESS CENTER
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