

ACTIVITIES IN THIS SECTION ARE REGULARLY SCHEDULED	8:30 - Total Fitness First - 3 ER 9:00 - Fountains Knitters - 3L 9:20 - Healthy Back & Abs- 3 ER 9:45 - Intermediate Chair Exercise - 3 ER 10:00 - Widowed to Widowed Group - CR 1:00 - Beginner Chair Exercise - 3 ER 1:00 - Pinochle - 2 L 1:00 - Mahjong - 2L 6:00 - 8:00 - Mexican Train Dominoes - 3 L 6:30 - Poker Game - 2 L	8:00 - Power Walk - L 9:00 - Balance Tai Chi - 3 ER 9:30 - Splash Class - OC 10:00 - Refresher Bridge - 3 L 1:00 - FUNDamental Movement - 3 ER 1:00 - Hand and Foot Card Game - 2 L 1:30 - Learn to Line Dance - L 2:00 - Exercise For Life - 3 ER 7:00 - Bingo - CR	8:30 - Total Fitness First - 3 ER 9:20 - Healthy Back & Abs- 3 ER 9:45 - Intermediate Chair Exercise - 3 ER 10:00 - Bridge Games - 3 L 1:00 - Pinochle - 2 L 1:00 - Bridge Games - CR 1:00 - Beginner Chair Exercise - 3 ER 7:00 - Bingo - CR	8:00 - Power Walk - L 9:00 - Balance Tai Chi - 3 ER 9:30 - Splash Class - OCP 9:30 - 10:30 - Blood Pressure - 2 L 10:00 - Mindful Relaxation Practice - CTS 1:00 - Pinochle - 2 L 1:00 - FUNDamental Movement - 3 ER 2:00 - Exercises For Life - 3 ER 3:00 - Balance Tai Chi - 3 ER 7:00 - Bingo - CR	8:30 - Total Fitness First - 3 ER 9:00 - Fountains Knitters - 3 L 9:20 - Healthy Back & Abs- 3 ER 9:45 - Intermediate Chair Exercise - 3 ER 10:00 - Duplicate Bridge - OC 1:00 - Beginner Chair Exercise - 3 ER 1:00 - Mahjong - 2L 6:00 - Hand and Foot Card Game - 2 L 6:30 - Poker Games - 2L	9:00 - Fry's Shopping 10:00 - Mindful Relaxation Practice - CTS 1:00 - Saturday Afternoon Movie - CTS 1:00 - Ballroom Dancing - L 2:00 - Chess - 3 L 2:00 - WU Learn to Crochet with Plastic Bags - CR 6:00 - 8:00 - Mexican Train Dominoes - 3 L 7:00 - Bingo - CR
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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<p>Being Physical</p> <p><i>Living a lifestyle that supports our ease of movement, balance and strength.</i></p>	<p>Happy New Year! <i>Casita Transportation Only</i></p> <p>2:00 - New Years Day Concert - Jazz de Jour - L</p>	<p>10:00 - Foothills Mall 10:30 - Wisdom Circle - CR 1:30 - Albertsons/Bashas/Walgreens/BOA 2:00 - WU Nikki's Art Class - AR 5:30 - Free Eyeglass Repair - CR</p>	<p>9:00 - 11:00 - Writing Group - KR 11:00 - Chair Yoga - L 2:00 - Great Courses Educational Series - CTS 3:00 - Social Hour - Ocotillo Rain & Thunder Bluegrass Band - L</p>	<p>10:00 - Bible Study - KR 10:30 - Trader Joe's/Sprouts 10:30 - TED Talks - CTS 1:00 - Walmart 1:30 - Fountains Sing - A - Long - CTS 2:00 - Open Door with Fran - CR 2:00 - WU: The Art of Beading - AR</p>	<p>9:45 - Depart Golden Goose Shopping 10:30 - Catholic Mass - CTS 2:00 - WU: Sleep Talk with Dr. Grandner - CTS 3:00 - WU Memoir Writing - KR</p>	<p>9:00 - Watercolor Painting Class - AR 10:30 - Chair Yoga - 3 L 11:00 - Departure - Nanini Library 1:00 - WU Woodcrafting with Anita -AR 12:45 - Fountains Events - KR 1:30 - Ride Out 3:00 - Alterations with Jin - AR</p>
<p>11:00 - Episcopal Services - CTS 1:30 - Nondenominational Services - CTS 1:15 - Depart for TSO Masterworks: "Mozart Symphony #29"</p>	<p>9:00 - Safeway/Walgreens/Chase 9:30 - WU Beginners Spanish - KR 11:00 - Chair Yoga - L 1:30 - Safety/Security /Grounds Com.- CR 1:00 - Walmart 2:00 - ART TALKS: Ellie Eigen - CTS 2:00 - Food Service Committee - KR 2:30 - Books R Us - CR</p>	<p>10:00 - Tucson Mall 1:30 - Albertsons/Bashas/Walgreens/ BOA 2:00 - Parkinson's Support Group - KR 2:00 - WU Nikki's Art Class - AR 3:00 - Great Decisions Book Sales - L</p>	<p>9:00 - 11:00 - Writing Group - KR 10:00 - Free Walker/ Wheelchair Repair - L 10:00 - Trusting in Christ Bible Study Group - CR 11:00 - Chair Yoga - L 2:00 - Great Courses Educational Series - CTS 3:00 - Social Hour - Wild Bill - L</p>	<p>9:30 - Depart for Tucson Art Museum Tour 10:00 - Bible Study - KR 10:30 TED Talks - CTS 10:30 - Alzheimer's Support Group - TIC 11:15 - Departure Casino 1:00 - Target 1:30 - Fountains Sing - A - Long - CTS 2:00 - WU: The Art of Beading - AR</p>	<p>7:30 - Departure Romeo's Breakfast 10:00 - WU: Life Matters with Gerry - CR 10:00 - 2:00 - Louise's Jewelry Sale - L 10:30 - Catholic Mass - CTS 11:00 - Lunch Out - The Arizona Inn 11:30 - Garden Club - KR 1:30 - Pima County Bookmobile - LDD 1:30 - Ace/Dollar Tree/Bookman's 3:00 - WU Memoir Writing - KR</p>	<p>9:00 - Watercolor Painting Class - AR 10:30 - Chair Yoga - L 1:00 - Walmart 1:00 - Get Smart Tech Help w/Eve - CR 12:45 - Fountains Events - KR</p>
<p>10:00 - Episcopal Services - TIC 1:00 - Depart Super Pops: "Arturo Sandoval" 1:30 - Nondenominational Services - CTS 3:00 - WU Documentary - CTS</p>	<p>9:00 - Safeway/Walgreens/Chase 9:30 - WU Beginners Spanish - KR 11:00 - Chair Yoga - L 1:00 - Walmart 6:30 - Rhythm Gang - L</p>	<p>10:00 - Snuggles for Seniors: AR 10:00 - 2:00 - AVON - L 1:30 - Albertsons/Bashas/Walgreens/BOA 1:30 - Great Decisions - CTS 2:00 - WU Nikki's Art Class - AR 2:00 - Welcoming Committee - CR 4:30 - Ocotillo Clubhouse Social - OC</p>	<p>9:00 - 11:00 - Writing Group - KR 11:00 - Chair Yoga - L 1:00 - Protestant Communion - CTS 2:00 - Great Courses Educational Series - CTS 3:00 - Social Hour - David Prouty - L</p>	<p>10:00 - Bible Study - KR 10:30 - TED Talks - CTS 11:30 - Volunteer Appreciation Luncheon - L 1:00 - Walmart 1:30 - Fountains Sing - A - Long - CTS 2:00 - WU: The Art of Beading - AR</p>	<p>8:00 - Departure - Juliet's Breakfast Out 10:00 - WU: Life Matters with Gerry - CR 10:30 - Catholic Mass - CTS 11:15 - Depart Brown Bag Opera Series - Candide 2:00 - Dr. Wahl Hearing Aid Cleaning - CR 2:45 - WU: Beer Tasting - Gallery Café 3:00 - WU Memoir Writing - KR 4:00 - Shabbat Service - CR</p>	<p>9:00 - Watercolor Painting - AR 10:30 - Chair Yoga - L 11:00 - Departure - Nanini Library 1:00 - WU Woodcrafting with Anita - AR 12:45 - Fountains Events - KR 1:30 - Petsmart/ Sprouts 3:00 - Alterations with Jin - AR 3:00 - Piano Recital - L</p>
<p>11:00 - Episcopal Services - CTS 1:15 - Depart for Classic Series TSO: "Bernstein Kaddish" 1:30 - Nondenominational Services - CTS 2:00 - Sunday Afternoon Concert with Joe Bourne - L</p>	<p>9:00 - Safeway/Walgreens/Chase 9:30 - WU Beginners Spanish - KR 11:00 - Chair Yoga - L 1:00 - Walmart</p>	<p>10:00 - 2:00 - Mary Kay - L 11:00 - Community Life Committee - CTS 1:00 - Executive Council Meeting - CR 1:30 - Albertsons/Bashas/Walgreens/BOA 1:30 - Great Decisions - CTS 2:00 - WU Nikki's Art Class - AR 3:00 - Bayada Healthy Talk - The 7 Dimensions of Wellbeing - CTS</p>	<p>9:00 - 11:00 - Writing Group - KR 10:00 - Trusting in Christ Bible Study Group - CR 11:00 - Chair Yoga - L 2:00 - Great Courses Educational Series - CTS 3:00 - Social Hour - Linda Lou Reed - L</p>	<p>10:00 - Bible Study - KR 10:00 - Chef Demo - CDR 10:30 - TED Talks - CTS 10:30 - Alzheimer's Support Group - TIC 11:15 - Departure - Casino 1:00 - Target 1:30 - Fountains Sing - A - Long - CTS 2:00 - Fountains Memorial Service - L 3:00 - "The Eyes Have It" - CTS</p>	<p>10:00 - WU: Life Matters with Gerry - CR 10:30 - Trader Joe's/Sprouts 10:30 - Catholic Mass - CTS 11:30 - Garden Club - KR 1:30 - 99 Cents Store 3:00 - WU Memoir Writing - KR</p>	<p>9:00 - Watercolor Painting - AR 10:30 - Chair Yoga - 3 L 11:30 - Carol's Therapy Dogs Visit - L 12:00 - 2:00 - Watercolor Class Art Show - CR 12:45 - Fountains Events - KR 1:30 - Ride Out</p>
<p>10:00 - Episcopal Services - TIC 1:30 - Nondenominational Services - CTS 1:00 - Depart for Arizona Opera: Candide</p>	<p>9:00 - Safeway/Walgreens/Chase 9:30 - WU Beginners Spanish - KR 11:00 - Chair Yoga - L 1:00 - Walmart 6:30 - Rhythm Gang - L</p>	<p>1:30 - Albertsons/Bashas/Walgreens/ BOA 1:30 - Great Decisions - CTS 2:00 - WU Nikki's Art Class - AR 4:00 - Departure - Dining Out - Kingfisher</p>	<p>9:00 - 11:00 - Writing Group - KR 11:00 - Chair Yoga - L 1:00 - Depart for ATC: Outside Mullingar 2:00 - Great Courses Educational Series - CTS 3:00 - Social Hour - January Birthday Celebration - Connie Brannock - L</p>	<p>Shopping Excursions Ace/DollarTree/Bookman's - 2nd Fri, 1/12, 1:30 Albertsons/Bashas/Walgreens/ BOA - Every Tues 1:30 Foothills Mall - 1st Tues., 1/2, 10:00 Fry's Grocery - Every Sat., 9:00</p>	<p>Shopping Excursions Continued Petsmart/Sprouts- 3rd Sat. 1/20 1:30 Safeway/Walgreens/Chase - Every Monday 9:00 Target - 2nd & 4th Thurs., 1/11 & 1/25, 1:00 Trader Joe's/Sprouts - 1st Thurs., 1/4 & 4th Fri., 1/26, 10:30</p>	<p>Shopping Excursions Continued Tucson Mall - 2nd Tues., 1/9, 10:00 Walmart - Every Mon. 1:00, 1st & 3rd Thurs at 1:00 1/4 & 1/18 & 2nd Sat., 1/13, 1:00 99 cents Store - 4th Fri., 1/26, 1:30</p>

<p>Health & Well-Being Resource Rebecca LaMarche available for your questions - 3L Mon, Wed, Thurs, Fri. 10:00am - 12:00pm By appointment only on Tuesdays 10:00am - 12:00pm</p>	<p><i>Massage</i> call Pat - 744-4771</p> <p><i>Manicures/Pedicure</i> call Julie - 270-2009 Appointment Only/Fee Service</p>	<h1>JANUARY 2018</h1> <p><i>The Town Center</i></p>		<p>ACTIVITY LOCATOR KEY</p> <p>AR = ART/CRAFT ROOM CDR = CATALINA DINING ROOM CP = CATALINA PATIO CR = CARD ROOM CTS = CACTUS ROOM CTYD = COURTYARD</p>	<p>FE = FRONT ENTRANCE GC = GALLERY CAFE KR = KACHINA ROOM L = LOBBY LIB = LIBRARY LDD = LOADING DOCK DRIVEWAY OC = OCOTILLO CLUBHOUSE PCB = PUTTING GREEN, BOCCIE BALL</p>	<p>OCP = OCOTILLO CLUBHOUSE POOL TIC= THE INN Chapel 1 MH = FIRST FLOOR MAIN HALLWAY 2 L = SECOND FLOOR MAIN CORRIDOR 3 L = THIRD FLOOR MAIN CORRIDOR 3 ER = THIRD FLOOR EXERCISE ROOM 3 WC = THIRD FLOOR WELLNESS CENTER</p>
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