

ACTIVITIES IN THIS SECTION ARE REGULARLY SCHEDULED	8:30 - Total Fitness First - 3 ER 9:00 - Wii Bowling - CTS 9:20 - Healthy Back & Abs- 3 ER 9:45 - Intermediate Chair Exercise - 3 ER 1:00 - Beginner Chair Exercise - 3 ER 1:00 - Pinochle - 2 L 1:00 - Mahjong - 2 L 6:00 - 8:00 - Mexican Train Dominoes - 3 L 6:30 - Poker Games - 2 L	8:00 - Power Walk - L 9:00 - Balance Tai Chi - 3 ER 9:30 - Splash Class - OCP 10:00 - Refresher Bridge - 3 L 1:00 - FUNDamental Movement - 3 ER 1:00 - Hand and Foot Card Game - 2 L 1:30 - Learn to Line Dance - L 1:30 - Mahjong Games - 3 L 2:00 - WU Nikki's Art Class -AR 2:00 - Exercise For Life - 3 ER 7:00 - Bingo - CR	8:30 - Total Fitness First - 3 ER 9:20 - Healthy Back & Abs - 3 ER 9:45 - Intermediate Chair Exercise - 3 ER 1:00 - Bridge Games - CR 1:00 - Pinochle - 2 L 1:00 - Beginner Chair Exercise - 3 ER 7:00 - Bingo - CR	8:00 - Power Walk - L 9:00 & 3:00 - Balance Tai Chi - 3 ER 9:30 - Splash Class - OCP 9:30 - 10:30 - Blood Pressure - 2 L 10:00 - Mindful Relaxation Practice - CTS 1:00 - Pinochle - 2 L 1:00 - FUNDamental Movement - 3 ER 2:00 - Exercise For Life - 3 ER 7:00 - Bingo - CR	8:30 - Total Fitness First - 3 ER 9:20 - Healthy Back & Abs- 3 ER 9:45 - Intermediate Chair Exercise - 3 ER 10:00 - 2:00 - Duplicate Bridge - OC 1:00 - Beginner Chair Exercise - 3 ER 1:00 - Mahjong - 2 L 5:30 - Hand and Foot Card Game - 2 L 6:30 - Poker Games - 2 L	9:00 - Fry's Shopping 10:00 - Mindful Relaxation Practice - CTS 1:00 - Saturday Afternoon Movie - CTS 1:00 - Ballroom Dancing Instruction - L 2:00 - Chess Games - 3 L 2:00 - Learn to Crochet with Plastic Bags - CR 6:00 - 8:00 - Mexican Train Dominoes - 3 L 7:00 - Bingo - CR
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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<p>Manicures/Pedicures Julie - 270-2009 By Appointment Only /Fee service</p>	<p>Shopping Excursions Ace/DollarTree/Bookman's - 2nd Fri. 2/9, 1:30 Albertsons/Bashas/Walgreens/ BOA - Every Tues. 1:30 Foothills Mall - 1st Tues. 2/6, 10:00 Fry's Grocery - Every Sat. 9:00</p>	<p>Shopping Excursions Continued Petsmart/Sprouts - 3rd Sat. 2/17, 1:30 Safeway/Walgreens/Chase - Every Mon. 9:00 Target - 2nd & 4th Thurs. 2/8 & 2/22, 1:00 Trader Joe's/Sprouts - 1st Thurs. 2/1 & 4th Fri 2/23, 10:30</p>	<p>Shopping Excursions Continued Tucson Mall - 2nd Tues. 2/13, 10:00 Walmart - Every Mon. 1:00, 1st & 3rd Thurs. at 1:00 2/1 & 2/15 & 2nd Sat. 2/10, 1:00 99 cents Store - 4th Fri. 2/23, 1:30</p>	<p>10:00 Bible Study - KR 10:00 - AZ Repertory Theatre Tour 10:00 - 2:00 - Memory Necklaces Sale - L 10:30 - Trader Joe's/Sprouts 10:30 - TED Talks - CTS 1:00 - Walmart 1:30 - Fountains Sing- A -Long - CTS 2:00 - WU: The Art of Beading AR 2:00 - Open Door with Fran - CR</p>	<p>9:00 - Fountains Knitters - 3 L 10:00 - Depart for Mineral Show at Westward Look 10:00 - WU Life Matters - CR 10:30 - Catholic Mass - CTS 3:00 - WU Memoir Writing - KR</p>	<p>9:00 - Watercolor Painting Class - AR 10:30 - Chair Yoga - L 11:00 - Depart - Nanini Library 12:45 - Fountains Events - KR 1:00 - WU Woodcrafting with Anita - AR 1:30 - Ride Out 3:00 - Alterations with Jin</p>
4	5	6	7	8	9	10
<p>11:00 - Episcopal Services - CTS 1:15 - Depart: TSO Masterworks : Tahiti for Two 1:30 - Nondenominational Services - CTS 5:00 - Holiday Fund Super Bowl Sonoran Hot Dog Sale - L</p>	<p>9:00 - Fountains Knitters - 3L 9:00 - Safeway/Walgreens/Chase 9:30 - WU Beginners Spanish - KR 10:00 - Widowed to Widowed Group - CR 11:00 - Chair Yoga - L 1:00 - Building #8 with Fran - CTS 1:00 - Walmart 2:30 - Books R Us - CR 6:30 - Rhythm Gang - L</p>	<p>10:00 - Foothills Mall 10:30 - Wisdom Circle - CR 1:30 - Albertsons/Bashas/Walgreens/ BOA 1:30 - 3:00 - Great Decisions - CTS 5:30 - Free Eye Glass Repair - CR</p>	<p>9:00 - 11:00 - Writing Group - KR 11:00 - Chair Yoga - L 1:00 - 3:00- Jewelry Committee - AR 2:00 - Great Courses Educational Series - CTS 3:00 - Social Hour - Noethan But Jazz - L</p>	<p>10:00 - Bible Study - KR 10:30 - TED Talks - CTS 10:30 - Alzheimer's Support Group - TIC 11:15 - Depart - Casino del Sol 1:00 - Target 1:30 - Fountains Sing- A-Long - CT 2:00 - WU: The Art of Beading AR 2:30 - OPERA 101: Barber of Seville - L</p>	<p>7:30 - Depart Romeo's Breakfast Out 9:00 - Fountains Knitters - 3 L 10:00 - WU: Life Matters - CR 10:00 - 2:00 - Marcella's Fashions - L 10:45 - Depart Lunch Out - Ragazzi 10:30 - Catholic Mass - CTS 11:30 - Garden Club - KR 1:30 - Pima County Bookmobile - LDD 1:30 - Ace/Dollar Tree/Bookman's 3:00 - WU Memoir Writing - KR</p>	<p>9:00 - Watercolor Painting Class - AR 10:30 - Chair Yoga - L 12:45 - Fountains Events - KR 1:00 - Walmart 1:00 - Get Smart Tech Help - CR</p>
11	12	13	14	15	16	17
<p>10:00 - Episcopal Services - TIC 1:00 - Depart: TSO Super Pops: Let's Dance 1:30 - Nondenominational Services - CTS 2:00 - Contemporary Piano Concert - L 3:00 - WU Monthly Documentary - CTS</p>	<p>9:00 - Fountains Knitters - 3L 9:00 - Safeway/Walgreens/Chase 9:30 - WU Beginners Spanish - KR 10:00 - Widowed to Widowed Group - CR 11:00 - Chair Yoga - L 1:30 - Safety/ Security/ Grounds/Com - CR 1:00 - Walmart 2:00 - WU Art Talks: Jamie Lynn Trapp - CTS 2:00 - Food Service Committee - KR</p>	<p>10:00 - Tucson Mall 10:00 - Snuggle for Seniors - AR 1:30 - Albertsons/Bashas/Walgreens/ BOA 1:30 - 3:00 - Great Decisions - CTS 2:00 - Parkinson's Support Group - KR 3:00 - Mardi Gras Celebration: Music by Mass Transit - L</p>	<p>9:00 - 11:00 - Writing Group - KR 10:00 - Trusting in Christ Bible Study - CR 10:00 - Free Walker/ Wheelchair Repair - L 11:00 - Chair Yoga - L 1:00 - 3:00- Jewelry Committee - AR 2:00 - Great Courses Educational Series - CTS 3:00 - Valentine's Day Social Hour - Wild Bill - L</p>	<p>10:00 - Bible Study - KR 10:30 - TED Talks - CTS 1:00 - Walmart 1:30 - Fountains Sing- A- Long - CTS 2:00 - WU: The Art of Beading AR 3:00 - WU: Aerial Recovery of Satellite Payloads - CTS 5:00 - Dining Out - The Parrish</p>	<p>8:00 - Depart - Juliet's Breakfast Out 9:00 - Fountains Knitters - 3 L 10:00 - WU: Life Matters - CR 10:30 - Depart for Goodwill on Ina Road 10:30 - Catholic Mass - CTS 2:00 - Free Hearing Aid Cleaning - CR 3:00 - WU Memoir Writers Read - CTS 4:00 - Shabbat Services - CR</p>	<p>9:00 - Watercolor Painting Class - AR 10:30 - Chair Yoga - L 11:00 - Depart - Nanini Library 12:45 - Fountains Events - KR 1:00 - WU Woodcrafting with Anita - AR 1:30 - Petsmart/ Sprouts 3:00 - Alterations with Jin</p>
18	19	20	21	22	23	24
<p>11:00 - Episcopal Services - CTS 1:00 - Depart: TSO Classic: Rachmanioff Rhapsody 1:30 - Nondenominational Services - CTS</p>	<p>9:00 - Fountains Knitters - 3L 9:00 - Safeway/Walgreens/Chase 9:30 - WU Beginners Spanish - KR 10:00 - Widowed to Widowed Group - CR 11:00 - Chair Yoga - L 1:00 - Walmart 3:00 - WU Lent - CTS 6:30 - Rhythm Gang - L</p>	<p>10:00 - 2:00 - AVON - L 1:30 - Albertsons/Bashas/Walgreens/ BOA 1:30 - 3:00 - Great Decisions - CTS 2:00 - Welcome Committee - CR 4:30 - Ocotillo Clubhouse Social - OC</p>	<p>9:00 - 11:00 - Writing Group - KR 11:00 - Chair Yoga - L 1:00 - Protestant Communion - CTS 1:00 - 3:00- Jewelry Committee - AR 2:00 - Great Courses Educational Series - CTS 3:00 - Social Hour - David Prouty - L</p>	<p>10:00 - Bible Study - KR 10:00 - Chef Demo - CDR 10:30 - TED Talks - CTS 10:30 - Alzheimer's Support Group - TIC 11:15 - Depart - Casino del Sol 1:00 - Target 1:30 - Fountains Sing- A- Long - CTS 2:00 - WU: The Art of Beading AR 3:00 - Sonoran Singers Concert - L 3:00 - "The Eyes Have It" - CTS</p>	<p>9:00 - Fountains Knitters - 3 L 10:30 - Trader Joe's/Sprouts 10:30 - Catholic Mass - CTS 11:15 - Depart for Brown Bag Opera: The Barber of Seville 11:30 - Garden Club - KR 1:30 - 99 Cents Store 2:00 - WU: Astronomy - CTS 2:45 - WU: Beer Tasting - Gallery Cafe 3:00 - WU Memoir Writing - KR</p>	<p>9:00 - Watercolor Painting Class - AR 10:30 - Chair Yoga - L 11:30 - Carol's Therapy Dogs Visit - L 12:45 - Fountains Events - KR 1:30 - Ride Out</p>
25	26	27	28	<p>Social Wellbeing <i>Living lifestyle that is in harmony with your fellow human beings.</i></p>		<p>"There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle." Albert Einstein</p>
<p>Transportation Schedule Medical Appointments Monday- Thursday 8:00-3:00 <i>Reserve minimum 24 hrs in advance at the Transportation Hub in the lobby or call 239-4125</i></p>	<p>Health & Well-Being Resource: Rebecca LaMarche available for your questions - 3L Mon, Wed, Thurs, Fri. 10:00am - 12:00pm By appointment only on Tuesdays 10:00am - 12:00pm</p>	<p>FEBRUARY 2018</p> <p>Town Center</p>		<p>ACTIVITY LOCATOR KEY</p> <p>AR = ART/CRAFT ROOM CDR = CATALINA DINING ROOM CP = CATALINA PATIO CR = CARD ROOM CTS = CACTUS ROOM CTYD = COURTYARD</p>		<p>Fountains Information Line Call to get complete updated daily activities Monday through Friday. 239-4116</p>
				<p>FE = FRONT ENTRANCE GC = GALLERY CAFE KR = KACHINA ROOM L = LOBBY LIB = LIBRARY LDD = LOADING DOCK DRIVEWAY OC = OCOTILLO CLUBHOUSE OCP = OCOTILLO CLUBHOUSE POOL PG = PUTTING GREEN, BOCCIE</p>		<p>TIC = THE INN CLASSROOM TCP = TOWN CENTER POOL 1 MH = FIRST FLOOR MAIN HALLWAY 2 L = SECOND FLOOR LOBBY 3 L = THIRD FLOOR LOBBY 3 ER = THIRD FLOOR EXERCISE ROOM 3 WC = THIRD FLOOR WELLNESS CENTER</p>