

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|--|--|--|--|
| | | MEAL TIMES BREAKFAST 8:00 AM LUNCH 12:00 PM DINNER 5:00 PM | | | 10:00 Music & Memories - LV 11:15 Senior Shape Up with Darlene - LV 1:00 Mind Joggers - DR 2:00 Discuss & Recall - LV 3:00 Bountiful Baskets - DR 6:00 Color Me Calm - DR | 10:00 Travelogue - DR 1:00 Get Up and Groove - LV 1:00 Community Bingo - INN AZ 2:15 Afternoon Gardening - BP 6:00 Lawrence Welk Show - LV |
| 9:00 What's in the News - DR 11:00 Church Service with Reverend Doug Knox - LV 2:00 Have A Laugh - LV 3:00 Mindful Movement - LV 6:00 Music & Memories - LV | 10:00 Music and Reminisce - LV 11:15 Senior Shape Up with Darlene - LV 2:00 Mind Joggers - LV 3:00 Happy Hour - DR 6:00 Color Me Calm - DR 6:00 Evening Walk - BP | 9:30 Campus Walking Club *Weather Permitting* - BP 10:00 OUTING TO IGNITE SIGN ART MUSEUM - FE 2:00 Discuss & Recall - DR 2:00 Fall Concert with Chuck Moses - INN 3:00 Afternoon Devotional - DR 6:00 Night at the Movies - LV | 9:00 Morning Sunshine and Gardening - BP 10:00 Oktoberfest Celebration with Roxanna Baker - LV 11:15 Senior Shape Up with Darlene - LV 1:00 Artistic Expression - DR 2:30 POLKA PARTY HAPPY HOUR - DR 6:00 Mindful Gratitude - DR | 10:00 Arm Chair Travels - LV 1:00 Tabletop Games - DR 2:00 Resident Choice Movie & Snack - LV 3:00 Cranium Crunches - DR 6:00 Sensory Sensations - DR | 10:00 Music & Memories - LV 10:00 Touring Tucson Bus Ride: DRIVERS CHOICE - FE 11:15 Senior Shape Up with Darlene - LV 1:00 Mind Joggers - DR 2:00 Discuss & Recall - LV 3:00 Bountiful Baskets - DR 6:00 Color Me Calm - DR | 10:00 Travelogue - DR 1:00 Get Up and Groove - LV 1:00 Community Bingo - INN AZ 2:15 Afternoon Gardening - BP 6:00 Lawrence Welk Show - LV |
| 9:00 What's in the News - DR 10:00 Non Denominational Virtual Church Service - LV 11:00 Hymn Song Sing Along - LV 2:00 Have A Laugh - LV 6:00 Music & Memories - LV | 10:00 Music and Reminisce - LV 11:15 Senior Shape Up with Darlene - LV 2:00 Mind Joggers - LV 3:00 Happy Hour - DR 6:00 Color Me Calm - DR 6:00 Evening Walk - BP | 9:30 Campus Walking Club *Weather Permitting* - BP 2:00 Discuss & Recall - DR 3:00 Afternoon Devotional - DR 6:00 Night at the Movies - LV | FLU SHOT CLINIC 9:00 Morning Sunshine and Gardening - BP 10:30 Fall Concert with Rene Taylor - LV 11:15 Senior Shape Up with Darlene - LV 1:00 Artistic Expression - DR 2:30 Happy Hour - DR 6:00 Mindful Gratitude - DR | 10:00 Arm Chair Travels - LV 1:00 Tabletop Games - DR 2:00 Resident Choice Movie & Snack - LV 3:00 Cranium Crunches - DR 6:00 Sensory Sensations - DR | 10:00 Music & Memories - LV 11:15 Senior Shape Up with Darlene - LV 1:00 Mind Joggers - DR 2:00 Discuss & Recall - LV 3:00 Bountiful Baskets - DR 6:00 Color Me Calm - DR | 10:00 Where in the World WU - INN AZ 1:00 Get Up and Groove - LV 1:00 Community Bingo - INN AZ 2:15 Afternoon Gardening - BP 6:00 Lawrence Welk Show - LV |
| 9:00 What's in the News - DR 10:00 Non Denominational Virtual Church Service - LV 11:00 Hymn Song Sing Along - LV 2:00 Have A Laugh - LV 3:00 Mindful Movement - LV 6:00 Music & Memories - LV | 10:00 Music and Reminisce - LV 11:15 Senior Shape Up with Darlene - LV 2:00 Mind Joggers - LV 3:00 FOOTBALL MADNESS HAPPY HOUR - LV 6:00 Color Me Calm - DR 6:00 Evening Walk - BP | 10:00 WEAR PURPLE! WALK TO END ALZHEIMER'S with Entertainment by AMBER NORGAARD - BP 2:00 Discuss & Recall - DR 3:00 Afternoon Devotional - DR 6:00 Night at the Movies - LV | 9:00 Morning Sunshine and Gardening - BP 10:00 Music & Reminisce - LV 11:15 Senior Shape Up with Darlene - LV 1:00 Artistic Expression - DR 2:00 Happy Birthday October with Mark Willis - INN 2:30 Happy Hour - DR 6:00 Mindful Gratitude - DR | 10:00 Arm Chair Travels - LV 1:00 Tabletop Games - DR 2:00 Resident Choice Movie & Snack - LV 3:00 Cranium Crunches - DR 6:00 Sensory Sensations - DR | 10:00 Music & Memories - LV 10:00 Touring Tucson Bus Ride: AVRA VALLEY - FE 11:15 Senior Shape Up with Darlene - LV 1:00 Mind Joggers - DR 2:00 Discuss & Recall - LV 3:00 Bountiful Baskets - DR 6:00 Color Me Calm - DR | 10:00 Travelogue - DR 1:00 Get Up and Groove - LV 1:00 Community Bingo - INN AZ 2:15 Afternoon Gardening - BP 6:00 Lawrence Welk Show - LV |
| 9:00 What's in the News - DR 10:00 Non Denominational Virtual Church Service - LV 11:00 Hymn Song Sing Along - LV 11:00 LUNCH OUT TO OLIVE GARDEN - FE 2:00 Have A Laugh - LV 6:00 Music & Memories - LV | 10:00 Music and Reminisce - LV 11:00 Hymn Song Sing Along with Bruce Helman - LV 2:00 Mind Joggers - LV 3:00 Happy Hour - DR 6:00 Color Me Calm - DR 6:00 Evening Walk - BP | 9:30 Campus Walking Club *Weather Permitting* - BP 10:00 PUMPKIN CARVING - BP 2:00 Discuss & Recall - DR 3:00 HALLOWEEN ORIGINS WU - LV 3:00 Afternoon Devotional - DR 6:00 Night at the Movies - LV | 9:00 Morning Sunshine and Gardening - BP 10:00 Music & Reminisce - LV 11:15 Senior Shape Up with Darlene - LV 1:00 Artistic Expression - DR 2:00 Fall Concert with Amber Norgaard - INN 2:30 Happy Hour - DR 6:00 Mindful Gratitude - DR | 10:00 Arm Chair Travels - LV 1:00 Tabletop Games - DR 2:00 Resident Choice Movie & Snack - LV 3:00 Cranium Crunches - DR 6:00 Sensory Sensations - DR | 10:00 Music & Memories - LV 11:15 Senior Shape Up with Darlene - LV 1:00 Mind Joggers - DR 2:00 Discuss & Recall - LV 3:00 Bountiful Baskets - DR 6:00 Color Me Calm - DR | 10:00 Travelogue - DR 1:00 Get Up and Groove - LV 1:00 Community Bingo - INN AZ 2:15 Afternoon Gardening - BP 6:00 Lawrence Welk Show - LV |
| HAPPY HALLOWEEN 10:00 4H PETTING ZOO & TRICK OR TREATERS - FE 12:00 RESIDENT CHOICE MEAL: FRIGHTFUL FEAST -DR 2:00 HAPPY HAUNTS HALLOWEEN PARTY and COSTUME CONTEST - INN 3:00 WITHCY BINGO - INN 5:00 MOVIE & POPCORN - LV | | | | ACTIVITY LOCATOR KEY BP - Back Patio DR - Dining Room F - Foyer FE - Front Entrance INN - Inn LV - Living Room | Please Note: <i>Programs and room locations are subject to change.</i> Thank you for your cooperation! | |

OCTOBER 2021

THE GARDENS