

ACTIVITIES IN THIS SECTION ARE REGULARLY SCHEDULED	<i>Exercise with Darlene</i> 8:00 Total Fitness (Advanced) - CH 9:00 Healthy Stretch - 3ER 9:40 Total Fitness (Advanced) - 3ER 1:00 Weight Lifting - 3ER 2:00 FUNdamental Movement-3ER	<i>Exercise with Darlene</i> 8:30 Splash - CH 9:30 Splash - TC 1:00 Healthy Stretch - 3ER 1:45 Exercise for Life - 3ER 2:30 Zoomba - ER 9:00 Tai Chi with Catherine-3ER 9:30 Blood Pressure Check - 2 FL 1:00 Line Dancing with Karen - L	<i>Exercise with Darlene</i> 8:00 Total Fitness (Advanced) - CH 9:00 Healthy Stretch - 3ER 9:40 Total Fitness (Advanced) - 3ER 1:00 Weight Lifting - 3ER 2:00 FUNdamental Movement - 3ER	<i>Exercise with Darlene</i> 8:30 Splash - CH 9:30 Splash - TC 1:00 Healthy Stretch - 3ER 1:45 Exercise for Life - 3ER 2:30 Zoomba - ER 9:00 Tai Chi with Catherine- 3ER	<i>Exercise with Darlene</i> 8:00 Total Fitness (Advanced) - CH 9:00 Healthy Stretch - 3ER 9:40 Total Fitness (Advanced) - 3ER 1:00 Weight Lifting - 3ER 2:00 FUNdamental Movement - 3ER 11:15 Chair Yoga with Carla - L 12:15 PWR! Moves with Carla - L	10:00 - Move to the Music with Sandi - L
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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Transportation Schedule Medical Appointments <i>Monday - Thursday</i> 8:00am-3:00pm Reserve a minimum of 24 hrs in advance at the Transportation Hub in the lobby or call 239-4125	LET'S PLAY GAMES! Rummikub - Saturday 3pm - 3FL Hand and Foot - Tuesday 1pm - 2FL Mah Jongg - Mon&Wed 1pm - 2FL Pinochle - Mon & Thu 1pm - 2FL Scrabble - Tue &Thu 3pm - 3FL BINGO - Sun 3pm, Wed&Sat 7pm CR	Active Aging Week October 04 -10, 2021 Get up, get out and MOVE!	FOUNTAINS INFORMATION LINE <i>Call for a list of daily activities.</i> <i>Monday through Friday</i> 239-4116 Indulge Salon 239-4150		9:00 Fountains Knitters - 3 FL 9:00 Catholic Mass - CTS 10:00 Walmart 2:00 Billiard's - 2FL 2:00 Walmart	9:00 Trader Joe's and Sprouts / Kohls 9:00 Water Color Open Studio - AR 11:00 Lunch out at Seis - Oro Valley 1:00 Low Vision Support Group - KR 2:00 WU: Crochet W/Plastic Bags - CR 7:00 Bingo with Linda- L	
1:00 Depart: Arizona Theater Company "My 80 Year Old Boyfriend" 2:00 Afternoon Concert: Voices of Hope - Basis Oro Valley 3:00 Bingo w/Joanne - CR 5:30 Casita's BYOB - OC	9:00 Fountains Knitters - 3 FL 9:00 Safeway/Walgreens/Chase Bank 10:00 Wii Bowling - CTS 1:00 "Green Fire Documentary" with Bruce Simmons - CTS 1:30 Albertsons/Walgreens/BOA 2:30 Volunteers Needed! Flatten bags for the Homeless Project - w/Joanne	10:00 WU Nikki's Art Class - AR 10:00 AVON - L 10:30 TED Talks with Ricky - CTS 11:00 Writing with Norah Booth - CR 11:00 Lunch Out at Wildflower 1:00 Great Courses: "ITALY" with Liana-CTS 1:30 Community Life with Pat - 2L	10:00 Fry's Shopping & 99-cent Store 10:30 Chair Dancing w/Holly - 3rd FL 2:00 Bashas Shopping 3:00 Social Hour: Octoberfest-Bouncing Czechs - L 7:00 Bingo with Linda - CR	8:30 - Bocce Ball and Corn Hole - BBC 10:00 WU Weaving - AR 10:00 Unique Fashions - L 11:00 Depart: Nanini Library 1:00 "Music by the Great one: Beethoven" 2:00 WU Beading with Liana - AR 4:30 Dinner out: Wild Garlic Grill	7:30 Romeo's Breakfast@ I-HOP 9:00 Fountains Knitters - 3 FL 9:00 Catholic Mass - CTS 10:00 Walmart 11:30 Book Mobile - South Entrance 2:00 WU Astronomy - Lecture w/Bill-CTS 2:00 Billiard's - 2FL 2:00 Walmart	7:00 OUTING Train to Benson & Breakfast 9:00 Water Color Open Studio - AR 1:00 Low Vision Support Group-KR 2:00 WU: Crochet w/Plastic Bags-CR 7:00 Bingo with Linda - CR	
2:00 Afternoon Concert - MCCann Sisters - L 3:00 Bingo with Joanne - CR	9:00 Fountains Knitters - 3 FL 9:00 Safeway/Walgreens/ Chase Bank 10:00 Wii Bowling - CTS 1:00 "Green Fire Documentary" with Bruce Simmons - CTS 1:30 Bed Bath & Beyond Kohls 2:00 Food Committee Meeting - CTS	10:00 WU Nikki's Art Class - AR 10:30 TED Talks with Ricky - CTS 1:00 Great Courses: "ITALY" with Liana- CTS 2:00 Parkinson's Support - CTS 5:30 Depart: Gaslight Theater - Frankenstein"	9:45 Trusting In Christ Bible Study - KR 10:00 WU Beading with Liana - AR 10:00 Fry's Shopping 10:30 Chair Dancing w/Holly - 3rd FL 10:00 FREE Walker/Wheelchair Repair - L 2:00 Bashas Shopping 3:00 Social Hour/Mimi PairOfDocs 7:00 Bingo with Linda- CR	8:30 - Bocce Ball and Corn Hole - BBC 10:00 WU Weaving - AR 10:00 - 1:00 AVON - L 11:00 Depart: Casino 1:00 "Music by the Great one: Beethoven" 2:00 WU Beading with Liana - AR 3:00 Ambassador Meeting - CR 4:30 Dinner out: Longhorn Steak House	9:00 Fountains Knitters - 3 FL 9:00 Catholic Mass - CTS 10:00 & 2:00 Walmart Shopping 2:00 WU Beer Tasting - GC 2:00 Billiard's - 2FL 4:00 Shabbat - CR	9:00 Target 9:00 Water Color Open Studio - AR 11:00 Lunch out: Fini's Landing 1:00 Low Vision Support Group - KR 2:00 WU: Crochet w/Plastic Bags - CR 7:00 Bingo with Linda - CR	
1:00 Depart: Symphony - "Mozart" 2:00 Afternoon Concert: Ray Funk - Cowboy Show 3:00 Bingo w/Joanne - CR 5:30 Casita's BYOB - OC	9:00 Fountains Knitters - 3 FL 9:00 Safeway/Walgreens/Chase Bank 10:00 Wii Bowling - CTS 10:00 The Green Thumb Club - AR 1:00 "Green Fire Documentary" with Bruce Simmons - CTS 1:30 Albertsons/Walgreens/BOA 3:00 Food for Thought - CTS	10:00 WU Nikki's Art Class - AR 10:30 TED Talks with Ricky - CTS 11:00 Writing with Norah Booth - CR 1:00 Great Courses: "ITALY" with Liana-CTS 2:00 Just Ask Julio (Dir of Hskg) - KR 2:00 Art Talks: Tucson Museum of Art - CTS 3:00 Club House Town Hall - OC	10:00 WU Beading with Liana - AR 10:00 Fry's Shopping & 99-cent Store 10:30 Chair Dancing w/Holly -3rd FL 2:00 Bashas Shopping 3:00 Social Hour - Chuck Moses 7:00 Bingo with Linda - CR	8:30 - Bocce Ball and Corn Hole - BBC 10:00 WU Weaving - AR 10:00 Unusuals by Louise - L 10:00 Holiday Fund Comm Mtg - CR 11:00 Depart: Nanini Library 1:00 "Music by the Great one: Beethoven" 2:00 WU Beading with Liana - AR 3:00 New Resident Welcome - CR 4:30 Dinner out: Giuseppe's	9:00 Fountains Knitters - 3 FL 9:00 Catholic Mass - CTS 10:00 Juliet's Brunch @ Claire's 10:00 Walmart 2:00 WU Astronomy - Lecture w/Bill-CTS 2:00 Billiard's - 2FL 2:00 Walmart	9:00 Water Color Open Studio - AR 9:00 Outing: Pumpkin Shopping & It's a Surprise! 1:00 Low Vision Support Group-KR 2:00 WU: Crochet w/Plastic Bags - CR 7:00 Bingo with Linda - L	
1:30 Volunteers Needed! Flatten bags for the Homeless Project w/Joanne 3:00 Bingo w/Joanne - CR	9:00 Fountains Knitters - 3 FL 9:00 Safeway/Walgreens/Chase Bank 10:00 Wii Bowling - CTS 12:30 Trip out to Tucson Mall 1:00 "Green Fire Documentary" with Bruce Simmons - CTS 2:00 Pumpkin Carving/Decorating with Associates - AR	10:00 WU Nikki's Art Class - AR 10:30 TED Talks with Ricky - CTS 11:00 Lunch Out at TruLand 1:00 Great Courses: "ITALY" with Liana- CTS 2:30 Smart Phone Basics w/Ricky-KR 3:00 Bayada's Healthy Tips - CTS	9:45 Trusting In Christ Bible Study - KR 10:00 WU Beading with Liana - AR 10:00 Fry's Shopping 10:30 Chair Dancing w/Holly - 3rd FL 2:00 Bashas Shopping 3:00 Social Hour-R.A.W. - Classic 60's 7:00 Bingo with Linda- CR	8:30 - Bocce Ball and Corn Hole - BBC 10:00 WU Weaving - AR 10:00 Girl Talk - CR / Guy Talk - KR 10:00-1pm Karen's Krafts - L 11:00 Depart: Casino 1:00 "Music by the Great one: Beethoven" 2:00 WU Beading with Liana - AR 3:00 Resident Town Hall with Fran - CTS 3:00 Trolley ride & Dinner: ___TBD___	9:00 Fountains Knitters - 3 FL 9:00 Catholic Mass - CTS 9:00 Holiday Fund & Jewelry Sale - L 10:00 Walmart 2:00 WU Astronomy-Lecture w/Bill-CTS 2:00 Billiard's - 2FL 2:00 Walmart	9:00 Water Color Open Studio - AR 10:00 - 1:00 La Encantada Shopping 1:00 Low Vision Support Group-KR 2:00 WU: Crochet w/Plastic Bags - CR 7:00 Bingo with Linda - L	
HALLOWEEN PARTY !!! 2:00 Music, Pumpkins & Costume judging with Johnny & The Rumlbers -L	Health & Well-Being Resource Rebecca LaMarche available for your questions - 3L Mon, Wed, Thurs 10:00am - 12:00pm By appointment only on Tuesdays 10:00am - 12:00pm	<h1>OCTOBER 2021</h1> Town Center		ACTIVITY LOCATOR KEY AR = ART/CRAFT ROOM BBC = Bocce Ball Court CDR = CATALINA DINING ROOM CP = CATALINA PATIO CR = CARD ROOM CTS = CACTUS ROOM		CTYD = COURTYARD FE = FRONT ENTRANCE GC = GALLERY CAFE KR = KACHINA ROOM L = LOBBY LIB = LIBRARY LDD = LOADING DOCK DRIVEWAY OC = OCOTILLO CLUBHOUSE	OCP = OCOTILLO CLUBHOUSE POOL TCP = Town Center Pool TIC= THE INN Classroom 1 MH = FIRST FLOOR MAIN HALLWAY 2 L = SECOND FLOOR MAIN CORRIDOR 3 L = THIRD FLOOR MAIN CORRIDOR 3 ER = THIRD FLOOR EXERCISE ROOM 3 WC = THIRD FLOOR WELLNESS CENTER