

beverages

FRESH BREWED COFFEE.....	\$1.25 and \$1.50
ESPRESSO.....	\$2.00
CAPPUCCINO OR LATTE.....	\$2.50
FLAVORED CAPPUCCINO OR LATTE.....	\$3.00
CAFÉ MOCHA.....	\$3.00
HERBAL TEA.....	\$1.50
ARIZONA ICED TEA.....	\$1.50
WATER.....	\$1.00
ENERGY DRINKS.....	\$2.50; 2 for \$4.00
ASSORTED SODAS.....	\$1.50

cold treats

ICE CREAM BY THE SCOOP, CUP, OR CONE

ONE SCOOP	TWO SCOOPS	THREE SCOOPS
\$2.00	\$2.75	\$3.50

MILKSHAKES.....	\$4.25
SUNDAES.....	\$3.75
BANANA SPLIT.....	\$4.50



sweets

MUFFINS.....	\$1.50
SCONES.....	\$2.00
BAGELS.....	\$1.25
CROISSANTS.....	\$1.75
BROWNIES.....	\$2.00
COOKIES.....	\$2.00

gallery café hours:

**WE'RE OPEN
SIX DAYS A WEEK**

Monday–Saturday
Breakfast 7:00am–11:00am
Lunch 11:00am–2:00pm

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

 **THE FOUNTAINS**
AT LA CHOLLA
A WATERMARK RETIREMENT COMMUNITYSM

2001 West Rudasill Road • Tucson, AZ 85704
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**INDEPENDENT LIVING
ASSISTED LIVING • MEMORY CARE**

gallery
CAFÉ

menu

 **THE FOUNTAINS**
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breakfast

HOT SELECTIONS

Includes choice of one side

CROISSANT SANDWICH \$6.00

Egg, bacon, and cheese

BREAKFAST WRAP \$6.00

Flour tortilla, egg, sausage, and cheese

DAILY BREAKFAST FEATURE

See our menu board

SIDES

BREAKFAST POTATOES OR SEASONAL FRUIT

COLD SELECTIONS

FRESH FRUIT AND MELON CUP \$4.00

Seasonal selection of cantaloupe, honeydew, grapes, and watermelon

YOGURT AND GRANOLA PARFAIT \$4.00

Low-fat yogurt with crunchy granola mix

WHOLE FRUIT \$1.00

about the gallery café

This fast-casual destination is the ideal spot for a quick bite. A variety of on-the-go choices are all prepared fresh daily. Enjoy your favorite coffees, smoothies, or decadent desserts while you hang out, read your favorite novel, or catch up on emails. From salads, sandwiches, and sweets, including baked goods warm from the oven, you can take it to go, or stay a while and relax with neighbors and guests.

soups

SIGNATURE SOUP BOWL \$3.25

See our menu board

CUP \$2.25

FEATURED SOUP BOWL \$3.25

See our menu board for today's feature

CUP \$2.25

salads

THE GALLERY \$8.00

Grilled chicken, apples, oranges, celery, cranberries, candied pecans, goat cheese, mixed greens, and raspberry vinaigrette

CHICKEN CAESAR \$8.00

Grilled chicken, romaine lettuce, freshly grated parmesan cheese, croutons, and Caesar dressing

CHEF SALAD \$8.00

Turkey, ham, Swiss, Gouda, tomatoes, egg, carrot, mixed greens, and choice of dressing

FEATURED SOUTHWEST SALAD \$8.00

Black beans, corn, tomato, avocado, romaine, chipotle vinaigrette; add chicken, beef or salmon

FEATURED COBB SALAD \$8.00

Tomato, egg, bacon, blue cheese, romaine, choice of dressing; add chicken, beef or salmon

pick two

HALF SANDWICH AND CUP OF SOUP \$6.75

HALF SALAD AND CUP OF SOUP \$6.75

HALF SANDWICH AND HALF SALAD \$8.00



sandwiches and more

Sandwiches include one side – your choice

GRILLED CHICKEN OR ROAST BEEF PANINI MELT \$8.00

Grilled chicken or sliced roast beef, melted pepper jack cheese, roasted tomatoes on a panini roll

LA CHOLLA CLUB \$8.00

Turkey, ham, bacon, lettuce, tomato served on three slices of toasted whole-wheat bread

THE REUBEN CLASSIC \$8.00

Corned beef, Swiss cheese, sauerkraut, grilled on marble rye

FEATURED SANDWICH – HOLIDAY TURKEY \$8.00

Smoked turkey, spinach, Muenster cheese, cranberry sauce served on whole-grain bread

FEATURED SANDWICH – SOUTHWEST WRAP \$8.00

Spinach tortilla wrap with curried chicken salad, red grapes, sliced almonds, and romaine lettuce

SIDES

SEASONAL FRUIT, POTATO SALAD, OR CHIPS